

Did you know you could find this on-line?

What is H1N1 influenza:

- Basic information for everyone explaining what H1N1 novel influenza is, the signs and symptoms, how it spreads, persons who are at increased risk of more severe illness, and what to do if you or your child have flu symptoms... <http://www.health.state.mn.us/divs/idepc/diseases/flu/h1n1/basics/what.html>

How to protect yourself and your family:

- There are everyday actions that can help prevent the spread of germs that cause respiratory illnesses like influenza... <http://www.health.state.mn.us/divs/idepc/diseases/flu/h1n1/basics/protect.html>
- How you and your family on can prepare for an emergency (like a pandemic)... <http://www.health.state.mn.us/divs/idepc/diseases/flu/h1n1/basics/prepare.html>

H1N1 novel influenza print materials you can use:

- Fact sheets, brochures, signs, and posters... <http://www.health.state.mn.us/divs/idepc/diseases/flu/h1n1/poster.html>
- Cover Your Cough posters and other print materials... <http://www.health.state.mn.us/divs/idepc/dtopics/infectioncontrol/cover/index.html>
- Handwashing information, materials, guidance, and more... <http://www.health.state.mn.us/handhygiene/index.html>

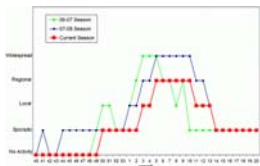
Materials about H1N1 novel influenza in languages other than English:

- Materials and resources for non-English speakers... <http://www.health.state.mn.us/divs/idepc/diseases/flu/h1n1/languages.html>

Pre-recorded public service announcements:

- mp3 recordings that you can use about influenza and H1N1... <http://www.health.state.mn.us/divs/idepc/diseases/flu/new.html#psa>

The latest statistics on testing and surveillance:



- H1N1 testing, surveillance statistics, current circulating strains of influenza type A in Minnesota... <http://www.health.state.mn.us/divs/idepc/diseases/flu/h1n1/stats/index.html>
- More influenza statistics... <http://www.health.state.mn.us/divs/idepc/diseases/flu/flustats.html>

The current information about the H1N1 vaccine:

- H1N1 novel influenza vaccine information... <http://www.health.state.mn.us/divs/idepc/diseases/flu/h1n1/vaccine/index.html>

Email subscriptions to flu topics:

- You can subscribe to, and get periodic emails when certain areas of the influenza and H1N1 topics are updated... <http://www.health.state.mn.us/divs/idepc/diseases/flu/new.html#email>



You want to know where to go for the most current, reliable information.

www.mdhflu.com