



STUDENT HEALTH

Keeping all children safe and healthy is an important priority at Parkers Prairie Elementary. Please keep the school informed of any short or long term health concerns your child may have.

Administration of Medication

Whenever possible, we ask that medications be administered at home. If it is necessary for medication to be administered to your child at school, you will need to complete an **Administration of Medication** form that provides the necessary information and permission. This applies to both prescription and over-the-counter medication. The child's medication will be stored in a locked location and will be administered by the school health aide at the prescribed time. Be sure to notify the school if there are changes in the prescription or dosage.

No medications will be administered without the proper permission and information. This is an important health safeguard for students. Students should not keep any prescription medication or over-the-counter medication in their possession during the school day. This includes such things as aspirin or aspirin substitutes, ointments, cold tablets, etc. *Inhalers and Epi-pens[®], with the permission of the physician, are the only exceptions to this rule.*

Medication must be brought to school by a parent. Please do not send medication with your child. Medication must be in a properly marked bottle that is left at school.

Allergies

It is extremely important that school personnel know of any type of allergy your child has, especially to bee stings or foods. This information should be provided on the **Health Information Form**. The health aide will then notify any staff members that need to be aware of the allergy.

Health Information Form

All families will be asked to complete a **Health Information Form** for each of their children each year. Completing this form provides the school with important health related history and information. Information reported on this form will alert staff to any medical conditions that your child has that may need special attention, treatment, or planning in the school setting.

Health Plan

Students who have individual health concerns of any kind need to have a **Health Plan** on file in the school office. This plan allows us to better understand potential risks, treatments, and emergency procedures.

If your child has a health condition that requires staff to be aware of specialized treatment or precautions, please take time to visit with the classroom teacher, principal, or health aide about this condition.

Illness

Students who are running a fever or experiencing vomiting or diarrhea, should stay home from school until they are symptom free for 24 hours. This is an important precaution to prevent the spread of illness to other students. Other communicable conditions may also require exclusion from school.

Immunizations

Your child must have a complete record of the required immunizations for entrance to school. The health aide checks immunization records each year and will contact you if there are required immunizations your child still needs.

Medical Emergencies

All students must have a **Family Information and Contact List** on file in the school office. This list provides us with the information needed for contact and decision making in an emergency. Please fill out the information as completely as possible. Also, it is important to **update the school if changes to your contact information occur during the school year.**

If there is a medical emergency involving your child, the principal or designee will attempt to notify the parent as quickly as possible. Action that is reasonably necessary to stabilize the child will be taken. The child may be taken by ambulance, or otherwise transported to a medical facility if necessary.

Release of Information

In some cases you may be asked to consider providing permission for a school staff to obtain information from the medical community about your child's health status. By signing a **Release of Information** form you can give school staff permission to exchange information with outside agencies in order to better understand and help care for your child.