



## MEALS AND MILK

Nutritious meals are offered at both breakfast and lunch for all students who chose to participate. We want mealtime to be a pleasant social experience for all students.

### Breakfast

The serving line for breakfast opens at 8:00. Students who plan to eat breakfast at school are expected to go to the serving line as soon as possible after arrival so that they can be in their classrooms when class begins at 8:20. The only exception to this is students who ride a bus that arrives late.

### Lunch

All students go the cafeteria for a 20 minute lunch period. Students who are eating school lunch pass through the serving line. Students who elect to bring a lunch from home may purchase milk to go with their meal.

### Cafeteria Rules

1. Wait in line in a quiet and orderly manner.
2. Treat everyone with respect.
3. Speak in a quiet voice at all times.
4. Find a seat at the table designated for your class.
5. Keep your hands and feet to yourself.
6. Do not throw any items.
7. Stay seated until you are dismissed by the supervisor.
8. Take care of your own tray and trash at the end of the meal.
9. Do not take food out of the cafeteria, except with staff permission.
10. Walk when leaving the cafeteria.

### Meal Prices

Meal Prices	Breakfast	Lunch
Full Pay – 20 Meals	\$19.00	\$32.00
Full Pay – Single meal	.95	1.60
Reduced – Single meal	.00	.40
Free – Single Meal	.00	.00
Extra Milk or Milk Only	.25	.25

## Pre-Paid Meal Policy

Parkers Prairie School District enforces a **pre-paid meal policy**. This means that students **must have a balance in their account before eating meals**. Money is deposited into a family account through the office. Parkers Prairie School District does not allow students to charge meals.

A monthly statement will be sent mid-month to every family. Parents are expected to use this information to keep their family account current. When the family account approaches a zero balance, students will receive a reminder stamp on their hand as they pass through the lunch line. Please work with us to keep your family's lunch account current.

## Free and Reduced Meals

Your children may qualify for free meals or meals at reduced prices. To apply for free or reduced-price school meals, request an **Application for Educational Benefits** by calling 218-338-4079 ext. 401. When families apply and/or qualify for Educational Benefits **all information provided is kept confidential**.

## Milk Program

We offer milk to all students in the building as an option during their classroom break or snack time. The milk break is one way we are responding to the growing concern about the health and nutrition of our students.

Students can participate in the milk program by purchasing a milk pass for the semester or the entire year. Students will have the option of drinking either 2% or Skim. No chocolate milk will be offered during the milk break.

Prices for participation are listed below.

Price	Semester	Year
Full Pay Meals	\$22.50	\$45.00
Reduced Meals	\$11.25	\$22.50
Free Meals	\$0.00	\$0.00

## Special Diets

If your child has been determined by a physician to have a condition that prevents the child from eating the regular meal, we will make modifications or substitutions prescribed by the physician at no additional charge. Simply contact the office with information about the need for special diet.